

# Katarina R. Kesty, MD, MBA, FAAD



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## Board Certified Dermatologist ASDS Fellowship Trained Cosmetic and Laser Surgeon

St. Petersburg Skin and Laser  
100 40th Ave N.  
St. Petersburg, Florida 33703  
727-474-9399

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### Board Certifications and Medical Licensure

Board Certification: American Board of Dermatology, 2019

Board Certification: Mohs Micrographic Surgery, 2022

Florida Medical License: Active

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### Education

<b>ASDS Cosmetic Dermatologic Surgery Fellowship</b> , New York, New York <i>Fellow of David J. Goldberg, MD, JD, at Skin Laser and Surgery Specialists of NY &amp; NJ</i>	08/2019 - 07/2020
<b>Wake Forest University Department of Dermatology</b> , Winston-Salem, North Carolina <i>Dermatology Residency</i> <i>Quality Improvement "Gold" Level Certification</i> <i>Cosmetics Curriculum Leader</i> <i>American Society for Dermatologic Surgery Resident Scholarship Recipient, 2017 and 2018</i> <i>Member of Residency Application Review Committee</i>	07/2016 - 07/2019
<b>Greenville Health System Department of Internal Medicine</b> , Greenville, South Carolina <i>Internal Medicine Internship Year</i>	07/2015 - 06/2016
<b>Wake Forest University School of Medicine</b> , Winston-Salem, North Carolina <i>Doctor of Medicine</i> <i>Charles M. Howell Excellence in Dermatology Award</i>	07/2010 - 05/2015
<b>Wake Forest University School of Business</b> , Winston-Salem, North Carolina <i>Master of Business Administration</i> <i>Concentration in Finance</i> <i>Merit Scholarship Recipient, Top 25% of graduating class</i>	08/2012 - 05/2015
<b>Wake Forest University</b> , Winston-Salem, North Carolina <i>Bachelor of Science in Biology, Minor in Chemistry, Cum Laude</i> <i>Biology Honor Society, National Chemistry Honor Society (President)</i> <i>Hobbs Award for Entrepreneurial Achievement</i> <i>Member of Wake Forest Cycling Team</i>	08/2006 - 05/2010
<b>The Bishop Strachan School</b> , Toronto, Ontario <b>Shorecrest Preparatory School</b> , St. Petersburg, Florida	08/2003- 06/2006 08/1994-05/2003

## Professional Experience

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**St. Petersburg Skin and Laser**, St. Petersburg, Florida 09/2020 - Present

- Founder of Dermatology Clinic
- Medical, Cosmetic, and Surgical Dermatology
- 75+ Lasers, Energy-Based Devices, and Cosmetic Procedures
- Built a team committed to delivering a superior patient experience

**Aesthetic Management Partners**, Key Opinion Leader 08/2021 - 08/2022

- Key Opinion Leader for Laser Company
- Work closely with company leadership to impact more Dermatologists through effective marketing and training
- Host Dermatologists and other aesthetic providers at my practice to demonstrate devices as well as help them develop strategies to grow their aesthetic business

**American Society for Lasers in Medicine**, Mentor 08/2021 - Present

- Teach Dermatologists and Dermatology Residents my techniques in Lasers, Energy-Based Devices, and injectables
- Develop relationships with Dermatologists and inspire them set and achieve career goals
- Serve as a resource and mentor for early-career Dermatologists

**Expert Reviewer of Scientific Manuscripts for Peer-Reviewed Journals** 09/2015 - Present

- Journal of the American Academy of Dermatology
- Journal of Cosmetic Dermatology
- Journal of Dermatological Treatment

**Bourne Partners, Financial Analyst**, Charlotte, NC 05/2013 - 08/2013

- Discovered, analyzed, and managed business opportunities in the healthcare industry

## Advisory Boards and Invited Engagements

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Merz Next Gen Summit, June 2022

- Attended Merz Aesthetics invite-only meeting of only Cosmetic Fellowship Trained Dermatologists
- Discussed Merz product portfolio with Merz leadership

Injectable Course and Live Demonstration of Wrinkle Relaxers and Dermal Fillers at Dermatology Residency, May 2022

- Invited to develop an injectable course for Dermatology Residents at Lehigh Valley Health System
- Demonstrated injection technique and guided resident injection sessions
- Discussed the business of aesthetics with Dermatology Residents

Injectable Technique Session, New Frontiers in Cosmetic Medicine Conference, November 2019

- Demonstrated wrinkle relaxer and dermal filler technique for audience of 250+ Dermatologists on live patients

Bioderma Advisory Board, November 2019

- Developed product strategy with leadership of Bioderma
- Scientific analysis of skincare products with feedback for product scientists
- Used my unique perspective of Canadian/American society to guide strategy to enter the United States skincare market

High School Pre-Medical Professions Mentor, Shorecrest Preparatory School, September 2020- current

- Demonstrated suturing technique and led suturing session for high school Pre-Med students
- Host high school students at St. Petersburg Skin and Laser to teach them about Dermatology

## Professional Memberships

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American Academy of Dermatology

American Society for Dermatologic Surgery, Mentor

American Society for Laser Medicine and Surgery, Mentor

Women's Dermatology Association

Florida Dermatology Society

## Charity Work

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**St. Petersburg Free Clinic**, St. Petersburg, FL 06/2020 - Present

- Volunteer on Tuesday afternoons to provide Dermatology services to the underserved in St. Petersburg

**DEAC ("Delivering Equal Access to Care") Clinic**, Winston-Salem, NC 08/2010 - 07/2019

- Volunteer for Dermatology clinics and past manager at a student-run free clinic

**American Academy of Dermatology Skin Cancer Screening**, Winston-Salem, NC 05/2015 - 07/2019

- Volunteer for skin cancer screenings

**Cataract Pack Organization, Inc.**, Winston-Salem, NC 03/2009 - 07/2016

- Founder and President of a non-profit that delivered over 2,000 packs of cataract surgery supplies to developing nations
- Winner of the Wake Forest Escalator Competition

**Green Street Free Clinic**, Winston-Salem, NC 08/2012 - 05/2015

- Volunteered at a clinic for the underserved population every Wednesday evening during medical school

**Passion to Heal Dermatology Mission Project**, Napo province of Ecuador 11/2014

- Traveled with 12 other dermatology professionals to eastern Ecuador to deliver dermatology care to the indigenous tribes living along a tributary of the Amazon river

**Medical Ministries International** 06/2004 - 06/2011

- Participated in five volunteer Ophthalmology surgical projects: Montemorelos, Mexico (June 2011); Arequipa, Peru (June 2008 and June 2009); Querétaro, Mexico (June 2006); and Yoro, Honduras (June 2004)

## Publications and Presentations

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Kesty K, Sanguenza OP, Leshin B, Albertini JG. Mohs micrographic surgery and dermatopathology concordance: an analysis of 1421 Mohs cases over 17 years. *J Am Acad Dermatol*. Epub 2017 Dec 13.

Kesty K, Goldberg DJ. Nonablative Lasers. Chapter in *Cosmetic Dermatology: Products and Procedures*. Edited by Zoe Draelos. 2020 John Wiley & Sons.

Kesty K, Goldberg DJ. Combination Treatment With 150W Bipolar Radiofrequency, Infrared Light, and Ultrasound-induced Lipolysis for Thigh Circumference Reduction. *Journal of Cosmetic Dermatology*. E-pub ahead of print June 2020.

Kesty K, Goldberg DJ. 650 usec 1064nm Nd:YAG Laser Treatment of Acne: A Double-Blind Randomized Control Study. *Journal of Cosmetic Dermatology*. E-pub ahead of print June 2020.

Kesty K, Goldberg DJ. Injectable Allograft Adipose Matrix: Introduction and Case Presentations. Oral presentation to American Society for Dermatologic Surgery Fellows. May 2020.

Kesty K, Goldberg DJ. A Randomized, Double-blinded Study Evaluating the Safety and Efficacy of AbobotulinumtoxinA Injections for Oily Skin of the Forehead: A Dose Response Analysis. *Dermatologic Surgery*. E-Pub ahead of print. April 2020.

Kesty K, Goldberg DJ. 650 usec 1064nm Nd:YAG Laser Treatment of Acne: A Double-Blind Randomized Control Study. Oral Presentation at American Society for Lasers in Surgery and Medicine. April 2020.

Kesty K, Goldberg DJ. Radiofrequency Microneedling for Acne, Acne Scars and More. *Dermatologic Reviews*. 2020 Mar;1:33-37.

Kesty K, Yagerman S. Cutting-Edge and Advanced Techniques in Neurotoxins and Fillers: Live Patient Demonstration at New Frontiers in Cosmetic Medicine Symposium. November 2019.

Kesty C, Negus D, Kesty K. Progressive symmetric erythroderma; A case to support the categorization of erythrokeratodermas. Presentation at the 2019 Annual Meeting of the American Academy of Dermatology. March 2019.

Kesty K. Gouty panniculitis presenting as disseminated hyperpigmented macules and nodules. Lecture at North Carolina Annual Meeting. January 2019.

Subash JJ, Kesty C, Kesty K, Asgari M, Jorizzo J. Low dose weekly methotrexate used to treat cutaneous Rosai-Dorfman disease. *Clin Exp Dermatol*. 2018 Oct; 43(7):849-851.

Pearlman R, Feldman SR, Cardwell L, Kesty K. In-office compounding of lidocaine-epinephrine: an option for anesthesia preparation prior to skin biopsy. *J Am Acad Dermatol*, 2018 Jul;79(1): 159-160.

Dorrell D, Kesty K, Strowd L. Type 1 Cryoglobulinemia presenting as purpura fulminans. Presented at the North Carolina Dermatology Association Meeting. July 2018.

Kesty K, Albertini JG. Fetal bovine collagen matrix; Our experience with 46 patients including case examples, cost comparison, and coding/billing strategies. Oral presentation at the 50<sup>th</sup> Annual Meeting of the American College of Mohs Surgeons. May 2018.

Kesty K, Williford PM, Kesty C, Dorrell D. Potential barriers to care: a Quality Improvement study analyzing patient demographics and access to Mohs surgery for basal cell carcinoma and squamous cell carcinoma. Wake Forest 3<sup>rd</sup> Annual Quality Improvement Showcase. May 2018.

Kesty C, Kesty K, Jorizzo J. Prurigo pigmentosa; A case report in a Caucasian female. Poster at University of South Florida Research Day. February 2018.

Kesty K, Sanguenza OP, Leshin B, Albertini JG. Mohs micrographic surgery and dermatopathology concordance; An analysis of 1421 cases over 17 years. *J Am Acad Dermatol* 2017 Dec 13. Epub ahead of print.

McGregor S, Grammenos A, Kesty K. Skin-colored pedunculated papule on nasal ala. Presented at the Annual Meeting of the American Society for Dermatologic Surgery. October 2017.

Pirouzi S, Zargari O, Kamyab K, Kesty K. Perforating necrobiosis lipoidica. *Iranian Journal of Dermatology*. October 2017; 20: 89-92.

Lacy F, Bomar K, Kesty K, Huang W. Sebaceous carcinoma; A potential presenting sign of Muir-Torre Syndrome. Presented at the 41st Annual Southeastern Consortium for Dermatology. October 2017.

Kesty K. Topical tretinoin therapy and all-cause mortality, treatment of hereditary angioedema with danazol, atopic dermatitis disease control and age. *The Dermatologist*. July 2017.

Ahn CA, Tull R, Kesty K, Strowd L. The most common cutaneous drug reactions encountered on the dermatology inpatient consult service: A 5-year experience at a tertiary care center. Presented at the 40<sup>th</sup> Annual Southeastern Consortium for Dermatology. November 2016.

Kesty K, DeLuca JF, Taylor SL, Sanguenza OP. Scaly erythematous acral eruption: Question and Answer. *Am J Dermatopathol*. 2016 Jan;38(1):77-8.

Kesty K, Bennett P. Melanoma and Nuclear Medicine. *Diagnostic Imaging: Nuclear Medicine*: 2<sup>nd</sup> Edition. Elsevier, 2016.

Kesty C, Kesty, K. Dermatology and mission projects: Opportunities and challenges. Presented at the 39<sup>th</sup> Annual Southeastern Consortium for Dermatology. November 2015.

Kesty K, Powell A, Feldman SR. The walk-in dermatology clinic: Needs assessment and case study. Presented at the 39<sup>th</sup> Annual Southeastern Consortium for Dermatology. November 2015.

Kesty K, Zargari O. Eruptive blue nevi. *Indian J Dermatol Venereol Leprol*. 2015 Mar-Apr;81(2):198-201.

Kesty K, Feldman SR. Analysis of a New York Times article on the public's perception of dermatologists. *JAMA Dermatol* 2014;150 (7): 695.

Kesty K, Feldman SR, Kesty C. Hashtag I love my dermatologist. *J Psoriasis Psoriatic Arthritis*. 2014 Dec; 20(4):121-123.

Kesty K, Feldman SR. Erythema ab igne: evolving technology, evolving presentation. *Dermatol Online J*. 2014 Nov 15;20(11).

Kesty K, Feldman SR, Williford PM. The PPACA and patients' perception of quality. *The Dermatologist*. 2013; 21(10); 22-23.

Kesty K, Salam A. Radiative transfer of energy between a pair of chiral molecules. Presented at Wake Forest Undergraduate Research Symposium October 2008.